

## On the Continued Abuse and Injustice Endured Under Your Care

27 messages

<annemarie.vella@yahoo.com>

Wed, 23 Jul 2025 at 16:51

To: joseph-f.spiteri <joseph-f.spiteri@gov.mt>, pulizija <pulizija@gov.mt>, commissioner.police <commissioner.police@gov.mt>, victimsupport.police <victimsupport.police@gov.mt>, jo-etienne.abela <jo-etienne.abela@gov.mt>, kuntattdss <kuntattdss@gov.mt>, social.security <social.security@gov.mt>, benefitscompliance <benefitscompliance@gov.mt>, umpire.msoc <umpire.msoc@gov.mt>

To: Psychiatrist Joseph Spiteri

CC: Police Commissioner Angelo Gafà, Social Security Office, Minister for Health Jo-Etienne Abela

In the name of the many victims you have abused and experimented on with terrifying medication—and likewise, in the name of the many criminals who have benefited from your fraudulent services and fake profession—I take the opportunity to “congratulate” you on your 63rd birthday yesterday, 22 July. May you enjoy many more years of unhindered impunity.

I wanted to ask: just as Manuel Delia recently won libel damages (<https://timesofmalta.com/article/manuel-delia-wins-mafia-libel-university-academic-simon-mercieca.1112538>) against Simon Mercieca, couldn't you have done the same if Mercieca's allegations against you in this article (<https://simonmercieca.com/2021/12/20/one-of-the-reasons-given-for-col-dallis-dismissal-was-because-he-terminated-the-job-contract-of-psychiatrist-joseph-spiteri/>) were truly false? Why not file libel proceedings, arguing—as Delia did—that “the contested publications are defamatory” and capable of causing “serious and damaging harm to your reputation”? Even more so, why not take legal action against someone who has gone as far as dedicating an entire webpage (<https://www.smashyouagainsthewall.com/PsyJosephSpiteriFraudster.html>) to exposing your many acts of sadism and fraudulent practices—if, indeed, any of it were untrue? Why not challenge him in court, especially when you've already had him kidnapped into hospital, placed at your disposal 24/7, and subjected to psychiatric abuse under the guise of treatment?

Your silence in both cases only adds to the already substantial body of evidence against you—especially considering the powerful network of allies you enjoy within the legal system, who could have easily helped you clear your name, if that were in any way possible. Instead, unable to deny the truth, you resorted to intimidation: silencing him through countless communication restriction orders (despite the absence of any abuse in his writing that would have warranted removal), threatening him with higher dosages of stronger medication, and subjecting him to humiliating and degrading treatment. One example? Your vulgar threat on 25 September 2024 to “chop off his balls,” which you chillingly followed the same day by changing his medication back to Risperdal—fully aware it would induce erectile dysfunction and other severe suffering.

All of this is rooted in a clearly fabricated diagnosis long ago by your colleague, psychiatrist David Cassar—an invention designed to protect former Magistrate Carol Peralta's career. You are fully aware of this fraud, as proven in the email ([https://www.smashyouagainsthewall.com/Images/Emails/MW7/MW7\\_23Feb9\\_PsychJSpiteriCEO.pdf](https://www.smashyouagainsthewall.com/Images/Emails/MW7/MW7_23Feb9_PsychJSpiteriCEO.pdf)) this person once sent you. And yet, just days later in March 2023, you responded not with an investigation but with retaliation—issuing a restriction order (<https://www.smashyouagainsthewall.com/Images/Rfc/Rfc04js02Mar23mw7.jpg>) and transferring him to another ward with even fewer liberties, pandering to the appetite for revenge of staff at Male Ward 7, whom he had recently exposed for abuse.

Then, around June 2023, during a supposed “reassessment” by you, David Mamo, and Joseph Saliba, both he and his relatives again detailed how this false label had been maliciously attached to him for years. Despite clear evidence—including official documents and testimonies, many of which are published on his website—you chose to ignore it. Rather than confront the truth, you built further upon the fraudulent diagnosis, keeping him forcibly drugged and detained, while silencing him through vindictive, rubber-stamped orders signed off by your equally complicit ally, Commissioner for Mental Health Denis Vella Baldacchino. All of this as retribution for daring to expose your crimes and the daily abuse occurring within Mount Carmel Hospital, where you serve as Deputy Chairman of Psychiatry.

And while you freely grant unearned social benefits to criminals—further confirming your corrupt practices—you had the audacity to demand that this individual declare himself “sick” (on 6 June 2024 - [https://www.smashyouagainsthewall.com/Images/Emails/Ohti/MW1\\_24Jun\\_OhtiCEOSTXCom\\_HltMenPolMinWhips.pdf](https://www.smashyouagainsthewall.com/Images/Emails/Ohti/MW1_24Jun_OhtiCEOSTXCom_HltMenPolMinWhips.pdf)) just to qualify for basic aid. This was clearly a trap you intended to use as pretext for escalating his medication or applying even more terrifying treatments. That moment marked the beginning of six consecutive restriction orders lasting a total of 168 days—effectively turning his life into a living nightmare, completely isolated from the outside world, without access to emails or social media.

What kind of monster inflicts such cruelty on someone you know to be innocent and already imprisoned—simply because he spoke the truth? While you cozy up to criminals, taking bribes and rewarding them with benefits paid by the public, your treatment of this man reveals exactly who you are. It takes extraordinary resilience and clarity of mind not to lose one's sanity under the psychological and physical torment you inflict.

And, as always, knowing that the authorities cc'ed here will once again do nothing—despite repeated warnings and extensive evidence—you continue to enjoy the absolute freedom they afford you. You exploit this to the fullest, using your victims to satisfy your sadism, and even quoting yourself proudly about inflicting “stress that can cause burnout.”

Meanwhile, the criminals you shield are given leave, discharged, and rewarded with benefits—thanks to diagnoses as fraudulent as your own professional credibility.

This is not just medical misconduct—it is a sustained campaign of abuse. One day, no matter how protected you think you are, justice will demand a reckoning.

Anne Marie Vella

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PRO - Office of the Ombudsman <pro@ombudsman.org.mt>  
To: annemarie.vella <annemarie.vella@yahoo.com>

Tue, 21 Oct 2025 at 10:29

Dear Ms Vella

Your email dated 14 October 2025 and the information you have provided have been duly noted.

As already advised, the Office of the Ombudsman remains the institution of last resort and may only intervene once all other avenues of complaint and resolution have been exhausted.

Regards

Michelle Bugeja

Public Relations Officer

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**From:** annemarie.vella@yahoo.com <annemarie.vella@yahoo.com>

**Sent:** 14 October 2025 16:46

**To:** PRO - Office of the Ombudsman <pro@ombudsman.org.mt>; joseph-f.spiteri@gov.mt; alexander.a.cortis@gov.mt; pulizija@gov.mt; commissioner.police@gov.mt; victimsupport.police@gov.mt; professionalstandards.police@gov.mt; Office of the Ombudsman <office@ombudsman.org.mt>; roberta.metsola@europarl.europa.eu; libe-secretariat@ep.europa.eu; info@eppo.europa.eu; cptdoc@coe.int; usembmalta@state.gov; ambasciata.lavalletta@esteri.it; bhcvalletta@fcdo.gov.uk; info@valletta.diplo.de; contact.lavalette-amba@diplomatie.gouv.fr

**Subject:** 48 Hours more of Inaction Despite Serious and Well-Substantiated Allegations

Ombudsman Joseph Zammit Mceon,

Police, Victims Support Unit, Commissioner of Police Angelo Gafa,

Professional Standards Unit of the Police Corps

European Parliament President , Roberta Metsola,

European Parliament's Committee on Civil Liberties, Justice and Home Affairs,

European Public Prosecutor's Office,

European Committee for the Prevention of Torture and Inhuman or Degrading Treatment or Punishment (CPT),

Embassy of the United States,

British High Commission,

Embassy of Italy,

Embassy of Germany,

Embassy of France,

Cc: Psychiatrist Joseph Spiteri and his accomplice in the abuse of patients, Nursing Officer Sandro Cortis,

It has now been 48 hours, yet not a single action has been taken – let alone any investigation initiated – despite the severe allegations supported by overwhelming evidence, publicly available online for years. The evidence has been hosted on a website ( <https://www.smashyouagainstthewall.com/> ) that has remained accessible for over seven years without ever being taken down or facing any legal challenge, libel, or defamation suit. Its owner, an ordinary patient, Nicholas Grech, has never been sued. Could there be any clearer demonstration of the impunity enjoyed by those in high positions in Malta – where duty is conveniently set aside whenever it concerns incriminating the powerful, who are instead left to abuse their positions even further, unrestrained and with total impunity, while their victim Nicholas remains drugged, locked up, and kidnapped inside a mental facility under a completely fraudulent psychiatric diagnosis fabricated over two decades ago to save a corrupt magistrate's career?

In the same spirit of cruelty and abuse, the "cruel" and "dangerous" nursing officer Sandro Cortis, now desperate to save his own job following the exposure of a recorded incident, has hastily ordered a blood test on Nicholas to check for traces of the venomous drug Risperdal – vindictively prescribed on 25 September 2024 to make him suffer from erectile dysfunction. This was done deliberately, following threats from Spiteri himself on that same day, when he explicitly stated that "in an instant he would chop off his balls." It is no secret that psychiatric drugs are often prescribed for their side effects rather than any supposed healing purpose. Cortis was present during this act of blatant abuse, backing and rubber-stamping Spiteri's orders with yet another restriction ( <https://www.smashyouagainstthewall.com/Images/Rfc/Rfc09js25Sep24mw1.jpg> ) order imposed on Nicholas – just as he was present on 6 June 2024 ( <https://www.smashyouagainstthewall.com/Images/Rfc/Rfc05js06Jun24mw1.jpg> ), when the same fraudulent Spiteri pressured Nicholas to "admit he is sick," to fraudulently entitle him to social benefits ( [https://www.smashyouagainstthewall.com/Images/Emails/Ohti/MW1\\_24Jun\\_OhtiCEOStXCom\\_HltMenPolMinWhips.pdf](https://www.smashyouagainstthewall.com/Images/Emails/Ohti/MW1_24Jun_OhtiCEOStXCom_HltMenPolMinWhips.pdf) ) for the false diagnosis – a diagnosis Spiteri knows perfectly well was maliciously created to protect Peralta's career.

This email thread is now being forwarded internationally – to European institutions, public figures, and foreign embassies in Malta. The Ombudsman's reply this morning, advising "to first resolve any grievance with the responsible authorities," is beyond absurd given the record shown in this same thread. The authorities – including the Police – were already contacted on 23 July, 25 September, and again on 12 October, yet all in vain. Not a single investigation was launched, no one was prosecuted, and Nicholas continues to be abused and drugged at will.

Once again, this proves how local authorities in Malta are always quick to produce excuses to avoid investigating when doing so would implicate the powerful – the "big heads" and their friends. From the link already provided last Sunday ( <https://www.smashyouagainstthewall.com/EmailsLetters.html> ), Nicholas himself has repeatedly appealed for help to countless institutions – including the Office of the Commissioner for Mental Health and the Ombudsman's Office – yet nothing has changed.

Meanwhile, as "The Office of the Ombudsman remains available to review matters only once all internal avenues of complaint and resolution have been exhausted," Nicholas will likely by then be too disabled – if not dead – from the continued administration of these venomous psychiatric drugs. Those responsible clearly have every interest in ensuring such an outcome, to protect their jobs, reputations, and freedom from facing justice for their abuses, misconduct, and their corrupt, sadistic, and fraudulent practices.

Anne Marie Vella

Dear Ms. Vella,

Reference is made to your email addressed to multiple parties concerning Mr. Nicholas Grech. The contents of your email have been noted.

Kindly be informed that the Office of the Ombudsman acts as an office of last resort. You are therefore advised to first attempt to resolve any grievance with the responsible authorities directly before lodging a complaint with this Office.

Since you have already contacted the Police Commissioner, it is suggested that you allow adequate time—approximately 3–4 weeks—for a response. Should you not receive a reply, or if you do not agree with the contents of the response, you may then consider submitting a formal complaint to the Professional Standards Unit of the Police Corps at [professionalstandards.police@gov.mt](mailto:professionalstandards.police@gov.mt), in accordance with the Police Act.

The Office of the Ombudsman remains available to review matters only once all internal avenues of complaint and resolution have been exhausted.

Regards

Michelle Bugeja

Public Relations Officer

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**From:** [annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com) <[annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com)>

**Sent:** 12 October 2025 16:33

**To:** Info at POLICE <[pulizija@gov.mt](mailto:pulizija@gov.mt)>; [joseph-f.spiteri@gov.mt](mailto:joseph-f.spiteri@gov.mt); [alexander.a.cortis@gov.mt](mailto:alexander.a.cortis@gov.mt); [commissioner.police@gov.mt](mailto:commissioner.police@gov.mt); [merton.pace@gov.mt](mailto:merton.pace@gov.mt); [victimsupport.police@gov.mt](mailto:victimsupport.police@gov.mt); [jo-etienne.abela@gov.mt](mailto:jo-etienne.abela@gov.mt); [kuntattdss@gov.mt](mailto:kuntattdss@gov.mt); [social.security@gov.mt](mailto:social.security@gov.mt); [benefitscompliance@gov.mt](mailto:benefitscompliance@gov.mt); [umpire.msoc@gov.mt](mailto:umpire.msoc@gov.mt); [catherine.galea@gov.mt](mailto:catherine.galea@gov.mt); [maria-daniela.farrugia@gov.mt](mailto:maria-daniela.farrugia@gov.mt); [idpc.info@idpc.org.mt](mailto:idpc.info@idpc.org.mt); Office of the Ombudsman <[office@ombudsman.org.mt](mailto:office@ombudsman.org.mt)>; [robert.abela@gov.mt](mailto:robert.abela@gov.mt); [naomi@naomicachia.mt](mailto:naomi@naomicachia.mt); [contact@alexborg.mt](mailto:contact@alexborg.mt); [robert.cutajar@parlament.mt](mailto:robert.cutajar@parlament.mt); [lydiazerafa@yahoo.com](mailto:lydiazerafa@yahoo.com); [editor@timesofmalta.com](mailto:editor@timesofmalta.com); [info@timesofmalta.com](mailto:info@timesofmalta.com); [news@pbs.com.mt](mailto:news@pbs.com.mt); [dailynews@mediatoday.com.mt](mailto:dailynews@mediatoday.com.mt); [news@newsbook.com.mt](mailto:news@newsbook.com.mt)

**Subject:** RE: Follow-up on Police Report Request

To: Psychiatrist Joseph Spiteri, Nursing Officer Sandro Cortis,

CC: Police, Police officer Merton Pace, Police Commissioner Angelo Gafà, Social Security Office, Minister for Health Jo-Etienne Abela

Prime minister, Robert Abela

Opposition leader, Alex Borg,

Government whip, Naomi Cachia

Opposition whip, Robert Cutajar

Lydia Abela,

Ombudsman, Joseph Zammit Mceon

Data Protection Commissioner, Ian Deguara

Times of Malta, Lovin Malta, TVM news, Malta Today, Newsbook

Occupational Therapy Dept., Catherine Galea, Maria Daniela Farrugia,

I wanted to ask Police Officer Merton Pace whether he is so fake and compromised that he had to first seek permission from the fraudster and sadistic psychiatrist Dr. Joseph Spiteri before even attempting to speak with his prime victim – the patient Mr. Nicholas Grech.

Has this Pace hit a dead end before even starting his investigation, fully aware that corrupt figures like Spiteri are treated as untouchable?

Nicholas informed me that he has not been contacted in any way – not even offered the slightest form of help.

Meanwhile, Spiteri remains free to continue his sadistic abuse with complete impunity.

Here are the latest updates:

This recording (<https://www.smashyouagainstthewall.com/Images/Criminal/10-09-2025%2010.49.mp3>) further confirms the sick, abusive, and vindictive nature of Dr. Spiteri and his circle of accomplices.

> "... azzinih hazina, ... ma jkunx xi liba hekk ... haqq al Mad\_ ... Kula ... Duk Spiteri jghid, m'hawnx mignun perikoluz daqsu, sakemm indum hawn jien duk ma johrogx minn hawn."

("He has bad intentions – not just a bastard of his kind... [curse] Madonna... Kula [Nicholas].")

Spiteri says: "There's no madman as dangerous as him. As long as I'm here, he'll never get out.")

– 9 October 2025 – hypocritically on the eve of World Mental Health Day – the venom of Nursing Officer Sandro Cortis.

These statements clearly reveal personal hostility and prejudice (<https://www.smashyouagainstthewall.com/EmailsLetters.html>). In the same exchange, Cortis, together with the equally toxic Occupational Therapy carer Martin Xuereb, referred to Nicholas in a vile and derogatory manner as "liba," portraying him as cruel and unstable.

It is worth stressing that Cortis himself frequently uses blasphemous and obscene language, showing a complete lack of professionalism, self-control, and respect toward patients.

Now that his job is at risk due to the recording, Cortis hastily requested a blood test on Nicholas – pretending it was to check for medication compliance, when in reality it was nothing more than a panicked attempt to shift suspicion and discredit Nicholas.

They know too well the devastating effects of their so-called “treatments” and how psychiatry is routinely used to silence whistleblowers, cover each other’s abuses, and disable anyone who dares speak up against their corrupt system.

Cortis is also heard quoting Spiteri, who openly admits his intention to keep Nicholas abusively detained:

> “As long as I’m here, he’ll never get out.”

This statement exposes everything — it’s not a medical judgment, but pure revenge, ego, and hatred. It proves that Nicholas is not being “treated” but punished for daring to expose the truth.

Spiteri’s labeling of Nicholas as “mad and dangerous” is completely unfounded. If Nicholas had truly written or published anything false or defamatory, Spiteri would have long since taken legal action or forced the removal of Nicholas’s website (<https://www.smashyouagainstthewall.com/>) — where he has documented extensive and detailed evidence of psychiatric abuse. Instead, Spiteri chooses to retaliate through unlawful detention, intimidation, and humiliation.

It is therefore obvious that Nicholas is being targeted not for any crime, but for exposing the criminal behavior of those in power — including Spiteri himself.

As always in psychiatry, it is not the abuser who faces consequences, but the victim who dares to speak out.

Nicholas must be given immediate protection from these abusive staff members — especially from Dr. Joseph Spiteri, who clearly views Nicholas as “dangerous” only because he has already revealed enough of Spiteri’s corruption to have him jailed for life, if only justice truly applied to people like him.

This email is also being sent to:

The Prime Minister, Leader of the Opposition, and both Government and Opposition Whips,

All relevant media outlets, to test whether any of them are still capable of genuine investigative journalism — since lying about Nicholas’s case has never been enough for them, even with all the evidence publicly available,

The Data Protection Commissioner, to investigate how Cortis is heard on record sharing confidential patient information, revealing not just negligence but open hatred toward Nicholas, encouraged by his superior Spiteri,

The Ombudsman, Mr. Joseph Zammit McKeon, who has already shown his double standards — let’s see how he dismisses this case too, knowing full well that a proper investigation would incriminate his friends. So much for “human rights” in the office he so proudly represents.

It is also being forwarded to Catherine Galea and Maria Daniela Farrugia from the Occupational Therapy Department.

They know perfectly well that Nicholas has always been the first to lend a helping hand in organizing activities. Now let us see whether they will show even a fraction of the same willingness to help him. One of them has already been informed by Nicholas himself about his ordeal, yet chose to cut him short and leave him to suffer in silence.

Now, with all these links and evidence before them, we’ll see what “helping patients” really means to them in practice.

Anne Marie Vella

On 26 Sept 2025 15:43, Info at POLICE <[pulizija@gov.mt](mailto:pulizija@gov.mt)> wrote:

Dear Ms Vella,

Kindly note that your email has been sent to the officer in charge

Thanks,

Regards,

Merton Pace  
Police Sergeant 2442  
Communications and Insights office



t +356 22942667

e [merton.pace@gov.mt](mailto:merton.pace@gov.mt)  
homeaffairs.gov.mt | www.publicservice.gov.mt | fb.com/servizzpubbliku

MINISTRY FOR HOME AFFAIRS,  
**SECURITY AND EMPLOYMENT**

POLICE HEADQUARTERS, ST. CALCEDONIUS SQUARE,  
FLORIANA, MALTA

*Kindly consider your environmental responsibility before printing this e-mail*

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**From:** [annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com) <[annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com)>

**Sent:** 26 September 2025 15:21

**To:** Info at POLICE <[pulizija@gov.mt](mailto:pulizija@gov.mt)>; Spiteri Joseph F at MHA - MHS <[joseph-f.spiteri@gov.mt](mailto:joseph-f.spiteri@gov.mt)>; Commissioner at POLICE <[commissioner.police@gov.mt](mailto:commissioner.police@gov.mt)>; Victim Support Unit at POLICE <[victimsupport.police@gov.mt](mailto:victimsupport.police@gov.mt)>; Abela Jo-Etienne at MHA <[jo-etienne.abela@gov.mt](mailto:jo-etienne.abela@gov.mt)>; [kuntattdss@gov.mt](mailto:kuntattdss@gov.mt); Benefits Compliance at DSS <[benefitscompliance@gov.mt](mailto:benefitscompliance@gov.mt)>; [sigurtasocjali@gov.mt](mailto:sigurtasocjali@gov.mt); Umpire at Umpires <[umpire.dss@gov.mt](mailto:umpire.dss@gov.mt)>; ServizzGov at [servizz.gov](http://servizz.gov) <[servizz@gov.mt](mailto:servizz@gov.mt)>

**Subject:** Follow-up on Police Report Request

**CAUTION:** This email originated from OUTSIDE the Government Email Infrastructure. DO NOT CLICK LINKS or OPEN attachments unless you recognise the sender and know the content is safe.

Dear Louise Busuttil,

(Cc: all others)

Thank you for your reply.

I would like to clarify that the matter I raised originates directly from the patient himself, Mr. Nicholas Grech (currently at Mount Carmel Hospital, Male Ward 1, email: [nicho.grech@gmail.com](mailto:nicho.grech@gmail.com)), who is the primary source of the complaints. He has already documented his situation extensively, including publishing evidence and correspondence on a website he created. In effect, he has already undertaken much of the investigative work that would normally be the responsibility of the authorities.

It is concerning that despite his repeated attempts to seek assistance from the Police – including emails which remain unanswered or only acknowledged without follow-up – no proper investigation appears to have ever taken place. Instead, responses have sometimes suggested that permission from the very psychiatrists he wishes to incriminate would be required before speaking with him, which seems highly inappropriate.

My intention in writing to you is to emphasize that this case deserves serious and independent investigation. Direct communication with Mr. Grech is essential, rather than relying solely on intermediaries like myself. I also prefer to keep written correspondence via email, as this provides both sides with a clear and verifiable record of communication.

I hope the Police will treat this matter with the gravity it deserves, given the serious allegations of abuse and the potential miscarriage of justice involved.

Kind regards,

Anne Marie Vella

On 26 Sept 2025 06:59, Info at POLICE <[pulizija@gov.mt](mailto:pulizija@gov.mt)> wrote:

Good morning Ms Vella,

Hope this message finds you well.

If you wish to file an official Police report regarding this matter, you may do so either by reporting personally at any Police station at your convenience, or else by following the subjoined link:

<https://pulizija.gov.mt/en/file-a-report/>

Regards,

Louise Busuttil

Police Sergeant  
Malta Police Force

t +356 21224001 e [louise.b.camilleri@gov.mt](mailto:louise.b.camilleri@gov.mt)  
[homeaffairs.gov.mt](http://homeaffairs.gov.mt) | [www.publicservice.gov.mt](http://www.publicservice.gov.mt) | [fb.com/servizzpubbliku](https://fb.com/servizzpubbliku)

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MINISTRY FOR HOME AFFAIRS,  
SECURITY AND EMPLOYMENT

POLICE HEADQUARTERS, ST. CALCEDONIUS SQUARE,  
FLORIANA, MALTA

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**From:** [annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com) [<mailto:annemarie.vella@yahoo.com>]

**Sent:** 25 September 2025 16:46

**To:** Spiteri Joseph F at MHA - MHS <[joseph-f.spiteri@gov.mt](mailto:joseph-f.spiteri@gov.mt)>; Info at POLICE <[pulizija@gov.mt](mailto:pulizija@gov.mt)>; Commissioner at

POLICE <[commissioner.police@gov.mt](mailto:commissioner.police@gov.mt)>; Victim Support Unit at POLICE <[victimsupport.police@gov.mt](mailto:victimsupport.police@gov.mt)>; Abela Jo-Etienne at MHA <[jo-etienne.abela@gov.mt](mailto:jo-etienne.abela@gov.mt)>; [kuntattdss@gov.mt](mailto:kuntattdss@gov.mt); [social.security@gov.mt](mailto:social.security@gov.mt); Benefits Compliance at DSS <[benefitscompliance@gov.mt](mailto:benefitscompliance@gov.mt)>; Umpire at Umpires <[umpire.dss@gov.mt](mailto:umpire.dss@gov.mt)>

**Subject:** 64 Days of Silence – Anniversary of 25 September Threat and Retaliatory Abuse

**CAUTION:** This email originated from OUTSIDE the Government Email Infrastructure. DO NOT CLICK LINKS or OPEN attachments unless you recognise the sender and know the content is safe.

Psychiatrist Josepy Spiteri

(cc: Police Commissioner Angelo Gafà; Social Security Office; Minister JoEtienne Abela, etc.),

It has now been 64 days since my email of 23 July, and not one of the authorities copied here has even acknowledged receipt, let alone initiated an investigation. That silence itself is further proof of the impunity you, psychiatrist Joseph Spiteri, continue to enjoy.

Today, 25 September, also marks the first anniversary of your explicit threat on 25 September 2024 to “chop off his balls” – directed at the patient who dared to expose your corruption and abuses. On that same day, you changed his medication to Risperdal, fully aware it would cause severe erectile dysfunction and lasting suffering. These were not clinical decisions; they were acts of calculated sadism and retaliation.

Perhaps with that vulgar threat and vindictive prescription, you intended to surpass the earlier abuse carried out by former Magistrate Carol Peralta, who had threatened the same patient with being “smashed against the wall.” That threat was then covered up with a fraudulent psychiatric diagnosis fabricated to protect Peralta’s career. You and your colleagues – including David Cassar – have perpetuated that false label ever since, using it to silence and punish someone who exposed gross misconduct within the system and abuses at Mount Carmel Hospital.

The pattern is unmistakable:

- Threat of serious bodily harm on 25 Sep 2024, immediately followed by a medication change deliberately causing erectile dysfunction.
- Fabrication and maintenance of a false psychiatric diagnosis to shield a magistrate and other complicit officials, enabling cover-ups of staff misconduct.
- Reprisal measures (restriction orders, transfers, isolation) whenever this patient exposed abuses – echoing the retaliatory tactics of other psychiatrists before you.
- Preferential treatment and benefits for criminals, while this patient is systematically punished and deprived of basic liberties.
- Authorities repeatedly failing to act despite extensive documentary evidence and tip-offs, thereby reinforcing the impunity you enjoy and enabling you to continue abusing victims with full knowledge that the law will not be applied against you.

I demand a formal acknowledgement of this email and a full independent investigation into these matters — including a review of the circumstances of 25 September 2024, your retaliatory medication changes, and the broader pattern of abuses meticulously documented on the patient's website (<https://www.smashyouagainsthewall.com/>).

If no acknowledgement and no credible plan for independent investigation are provided, your continued silence will further confirm your abusive, fraudulent, and sadistic character, and will also further expose the authorities copied here as complicit in shielding you.

Sincerely,

Anne Marie Vella

On 23 Jul 2025 16:51, [annemarie.vella@yahoo.com](mailto:annemarie.vella@yahoo.com) wrote:

To: Psychiatrist Joseph Spiteri

CC: Police Commissioner Angelo Gafà, Social Security Office, Minister for Health Jo-Etienne Abela

In the name of the many victims you have abused and experimented on with terrifying medication—and likewise, in the name of the many criminals who have benefited from your fraudulent services and fake profession—I take the opportunity to “congratulate” you on your 63rd birthday yesterday, 22 July. May you enjoy many more years of unhindered impunity.

I wanted to ask: just as Manuel Delia recently won libel damages (<https://timesofmalta.com/article/manuel-delia-wins-mafia-libel-university-academic-simon-mercieca.1112538>) against Simon Mercieca, couldn't you have done the same if Mercieca's allegations against you in this article (<https://simonmercieca.com/2021/12/20/one-of-the-reasons-given-for-col-dallis-dismissal-was-because-he-terminated-the-job-contract-of-psychiatrist-joseph-spiteri/>) were truly false? Why not file libel proceedings, arguing—as Delia did—that “the contested publications are defamatory” and capable of causing “serious and damaging harm to your reputation”? Even more so, why not take legal action against someone who has gone as far as dedicating an entire webpage (<https://www.smashyouagainsthewall.com/PsyJosephSpiteriFraudster.html>) to exposing your many acts of sadism and fraudulent practices—if, indeed, any of it were untrue? Why not challenge him in court, especially when you've already had him kidnapped into hospital, placed at your disposal 24/7, and subjected to psychiatric abuse under the guise of treatment?

Your silence in both cases only adds to the already substantial body of evidence against you—especially considering the powerful network of allies you enjoy within the legal system, who could have easily helped you clear your name, if that were in any way possible. Instead, unable to deny the truth, you resorted to intimidation: silencing him through countless communication restriction orders (despite the absence of any abuse in his writing that would have warranted removal), threatening him with higher dosages of stronger medication, and subjecting him to humiliating and degrading treatment. One example? Your vulgar threat on 25 September 2024 to “chop off his balls,” which you chillingly followed the same day by changing his medication back to Risperdal—fully aware it would induce erectile dysfunction and other severe suffering.

All of this is rooted in a clearly fabricated diagnosis long ago by your colleague, psychiatrist David Cassar—an invention designed to protect former Magistrate Carol Peralta's career. You are fully aware of this fraud, as proven in the email ([https://www.smashyouagainsthewall.com/Images/Emails/MW7/MW7\\_23Feb9\\_PsychJSpiteriCEO.pdf](https://www.smashyouagainsthewall.com/Images/Emails/MW7/MW7_23Feb9_PsychJSpiteriCEO.pdf)) this person once sent you. And yet, just days later in March 2023, you responded not with an investigation but with retaliation—issuing a restriction order (<https://www.smashyouagainsthewall.com/Images/Rfc/Rfc04js02Mar23mw7.jpg>) and transferring him to another ward with even fewer liberties, pandering to the appetite for revenge of staff at Male Ward 7, whom he had recently exposed for abuse.

Then, around June 2023, during a supposed “reassessment” by you, David Mamo, and Joseph Saliba, both he and his relatives again detailed how this false label had been maliciously attached to him for years. Despite clear evidence—including official documents and testimonies, many of which are published on his website—you chose to ignore it. Rather than confront the truth, you built further upon the fraudulent diagnosis, keeping him forcibly drugged and detained, while silencing him through vindictive, rubber-stamped orders signed off by your equally complicit ally, Commissioner for Mental Health Denis Vella Baldacchino. All of this as retribution for daring to expose your crimes and the daily abuse occurring within Mount Carmel Hospital, where you serve as Deputy Chairman of Psychiatry.

And while you freely grant unearned social benefits to criminals—further confirming your corrupt practices—you had the audacity to demand that this individual declare himself “sick” (on 6 June 2024 - [https://www.smashyouagainstthewall.com/Images/Emails/Ohti/MW1\\_24Jun\\_OhtiCEOStXCom\\_HltMenPolMinWhips.pdf](https://www.smashyouagainstthewall.com/Images/Emails/Ohti/MW1_24Jun_OhtiCEOStXCom_HltMenPolMinWhips.pdf)) just to qualify for basic aid. This was clearly a trap you intended to use as pretext for escalating his medication or applying even more terrifying treatments. That moment marked the beginning of six consecutive restriction orders lasting a total of 168 days—effectively turning his life into a living nightmare, completely isolated from the outside world, without access to emails or social media.

What kind of monster inflicts such cruelty on someone you know to be innocent and already imprisoned—simply because he spoke the truth? While you cozy up to criminals, taking bribes and rewarding them with benefits paid by the public, your treatment of this man reveals exactly who you are. It takes extraordinary resilience and clarity of mind not to lose one’s sanity under the psychological and physical torment you inflict.

And, as always, knowing that the authorities cc’ed here will once again do nothing—despite repeated warnings and extensive evidence—you continue to enjoy the absolute freedom they afford you. You exploit this to the fullest, using your victims to satisfy your sadism, and even quoting yourself proudly about inflicting “stress that can cause burnout.”

Meanwhile, the criminals you shield are given leave, discharged, and rewarded with benefits—thanks to diagnoses as fraudulent as your own professional credibility.

This is not just medical misconduct—it is a sustained campaign of abuse. One day, no matter how protected you think you are, justice will demand a reckoning.

Anne Marie Vella

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<annemarie.vella@yahoo.com> Sun, 29 Mar 2026 at 15:55  
To: office <office@ombudsman.org.mt>, briansaid <briansaid@ombudsman.org.mt>, admin <admin@pscdingli.com>, joseph-f.spiteri <joseph-f.spiteri@gov.mt>, commissioner.police <commissioner.police@gov.mt>, pulizija <pulizija@gov.mt>

To:  
Ombudsman Joseph Zammit McKeon, Head of Investigations within Ombudsman's office, Brian Said,

Cc:  
Police Commissioner, Angelo Gafà;  
Police;  
Deputy Chairman of Psychiatry, Psychiatrist Joseph Spiteri;  
Professional Services Clinic,

As expected, not merely three weeks but well over five months have now passed, and the Police have neither intervened nor even attempted to initiate an investigation. Equally disturbing is the fact that none of the recipients of these emails — including yourself, as Ombudsman — have taken any meaningful action whatsoever. Truly impressive.

The sole beneficiary of this collective inertia is the most fraudulent and sadistic psychiatrist, Joseph Spiteri. Your inaction has only reinforced his certainty that no one will ever stand up to him, and that no authority will ever act in defence of a suffering patient — his primary victim, Nicholas Grech.

In particular, Spiteri emboldened by the brief response from your Office, which dismissed my concerns with a deliberately absurd, irresponsible, and nonsensical justification: that you still needed to wait a further three weeks for Police intervention, despite the fact that many months had already elapsed since my initial report to them, as can be seen within this very same email thread. In the face of serious allegations and an evidently grave situation, absolutely nothing was done. This sent a clear and reckless signal to Spiteri that he enjoyed your implicit protection, which proved more than sufficient encouragement for him to unleash yet another episode of unchecked sadism, revenge, and vindictiveness against Nicholas — who has been abandoned entirely to his fate.

Is this not precisely what I had almost foretold — that by that time he could be disabled or dead? You intentionally played the fool to give Spiteri free rein to make it happen.

In fact, I was unable to respond earlier only because I had received no feedback from Nicholas himself. Tragically, the silence soon explained itself. On the very day following your reply and my last message — 15 October '25— Nicholas was subjected to yet another "restriction of communication" order: the eleventh.

On Nov 1, he increased his Risperidone from 3 mg to 4 mg. Spiteri did this knowing it would likely cause depression (aiming to push him toward suicide), and worsen his insomnia (both of which have a greater than 1-in-10 clinical probability). He then used that resulting suffering to justify further action: on Nov 12, he prescribed an additional 10 mg of Haloperidol daily. This was administered to supposedly "correct" the suffering they themselves had induced, rendering him instead perpetually sleepy, drowsy, and lethargic.

Sandro Cortis — the individual mentioned in this thread regarding the verbal abuse of 9 October 2025 — retaliated in his own way, in collaboration with other staff members. This included prohibiting Nicholas from carrying out the voluntary chores he used to perform, such as sweeping the ward floor, cleaning the toilets, and helping wash and shave other patients. They prevented him from recycling waste and left his locker in disarray twice after ordering searches. These were additional calculated provocations designed to drive him to despair through forced idleness, creating a pretext to increase his medication and sedate him further — forcing him to pay for their actions with his own health.

This psychological torture was inflicted not only on Nicholas but also on the other patients, who were forced to witness what happens to anyone who dares to speak out against abuse. Nicholas was cynically and falsely labeled a "Harm to Self," a pretext used to humiliate him through constant 24/7 supervision by a nurse as though he were a dangerous criminal — at a cost to the taxpayer of approximately €30,624. The cruelty was compounded by the nurse openly spending the day on a mobile phone, while Nicholas was denied even the most basic right to communicate with the outside world.

Vindictively, Psychiatrist Spiteri revoked the few remaining permissions Nicholas had retained: leave, access to the hospital gardens, occupational therapy, and the social centre. He was effectively entombed within the ward's four walls, deprived of fresh air, physical movement, and mental stimulation, and forced to spend days and nights in bed — a state made unbearable even more by the sedative effects of Haloperidol.

This spectacle was evidently a source of satisfaction for staff — particularly Sandro Cortis — who relished watching the man who dared report his abuse be so ruthlessly punished while their own misconduct was covered up. It also gratified the narcissist psychiatrist Anton Grech, in retaliation for Nicholas's earlier depiction of him as Malta's Lino Banfi. For some time, Cortis even extended his revenge to other patients: food was no longer stored for those returning late or from leave, but instead distributed to staff to consume, further buying their loyalty while simultaneously fomenting resentment toward Nicholas by blaming him for the deprivation.

In the same spirit, television remotes were confiscated throughout the ward under the pretext that Nicholas — or anyone assisting him — might use them to access his website. After this restriction order, which lasted an unprecedented six weeks, Psychiatrist Joseph Spiteri personally attended the ward round with theatrical self-importance. While restoring a handful of permissions, on 26 November 2026 he issued the following obscene and threatening statement to Nicholas:

"You can write as much as you like that we're going to cut off your b\*lls. Together with your d\*ck, we'll cut the whole lot off — and don't think anyone will tie his dick for you."

("Tista' tiktib li naqtgħulek il-b\*jd kemm trid, għax b'zo\*bok b'kollox naqtgħulek, u taħsibx li xi ħadd se jħabbell zo\*bu għalik.")

It was vulgar, degrading, and designed to intimidate him into silence. This was not clinical detachment; it was personal hostility and an abuse of power. Because previous reports of Spiteri's verbal abuse had failed, he felt empowered to signal his total impunity. He wanted Nicholas to know that he could impose restrictions or increase medication without consequence, and that no authority would ever intervene. The message was unmistakable: Spiteri can destroy him at will, and no one will stop him.

Indeed, less than two weeks later, staff — predictably inflamed with hostility toward Nicholas — resumed their verbal abuse. Once again, for the "offence" of reporting it, Nicholas was punished instead of his abusers. The cycle recommenced: another restriction of communication order was imposed — the twelfth — reopening the gates of hell upon him yet again. That it was imposed during the festive season only deepened the cruelty of the act, underscoring a complete absence of mercy, restraint, or humanity. For another 6 weeks, Nicholas was held in humiliation under 24/7 constant supervision, costing the taxpayer approximately €37,488. While staff at Mater Dei Hospital work around the clock beyond their limits, at Mount Carmel they squander human resources on 1-to-1 supervision as a form of provocation. Had there been any genuine intent to ensure safety, this could have been achieved via CCTV, avoiding such an intrusive and humiliating violation of a patient's privacy.

It has also reached my ears that Psychiatrist Joseph Spiteri has been acting as though he had filed some sort of police report against me. According to his twisted psychiatric logic, it is the person who reports the abuse who is at fault, not the abuser himself — a logic that seems to define Spiteri in particular. I tell him that I have nothing to hide and nothing to fear. I am proud to be helping, in the little way that I can, Nicholas, and to stand — like Nicholas — on the right side of history.

If Spiteri cannot stand me, one can only imagine his hostility toward Nicholas. Spiteri is fully aware of his unfair trial, the Magistrate's quest for revenge, and the false conclusions in the psychiatric reports. Yet, knowing Nicholas is innocent, he not only boasts to staff of his desire to keep him locked up indefinitely, but continues to drug him at will. He is actively working to silence Nicholas so that an innocent man remains imprisoned while the true culprits — Spiteri himself included — face no consequences.

I question why this clinic, Professional Services Centre, continues to retain Spiteri, despite the vast amount of online evidence alleging fraud and sadism — allegations he would surely have challenged in court, given his influential legal network, if they were false. If he is unable to refute such incriminating evidence, why is he not at least required to clear his name, if such a thing is even possible? It is a tragedy that the police are so compromised; they should have closed this clinic long ago, given the blatant malpractice and fraudulent services attributed to him.

Finally, I demand that Joseph Spiteri be restrained from turning his cruelty once again upon Nicholas, who has already suffered more than enough. I demand that the police — corrupt as they may be — at least provide Nicholas with protection from this criminal, who boasts of wanting to keep an innocent man locked away forever. It indirectly implies an intent to drive him toward suicide by making his situation feel hopeless.

I ask whether the Ombudsman is once again going to delay matters by demanding another three weeks of waiting merely for this email to be forwarded once more to the police — to the great satisfaction of Psychiatrist Joseph Spiteri, and yet again to the detriment of poor Nicholas.

It is deeply disturbing that this should come from someone who served as a judge. It is also particularly alarming that the Ombudsman appears to act selectively. While you have previously investigated and publicly criticized figures such as Col. Alex Dalli, depicting alleged criminals as victims, you remain entirely silent regarding Nicholas — a clear victim of psychiatric abuse and institutional misconduct. This inconsistency sends a dangerous message: some victims are ignored to protect powerful networks, while others are publicly targeted.

Silence in the face of credible and escalating allegations is not neutrality; it is complicity.

I therefore demand, among other actions:

- Immediate confirmation that a formal investigation has been opened.
- An independent review of these abusive restriction of freedom communication orders by an external body. The Commissioner for Mental Health has failed to investigate and has instead used these restrictions to mask abuse.
- A formal inquiry into the threats documented in this email.
- Immediate protection for Nicholas to ensure no further retaliatory measures are taken against him.

Every additional restriction imposed after a complaint strengthens the appearance of retaliation. Every further delay strengthens the perception that oversight bodies are unwilling to confront abuse within psychiatric institutions. I ask how much more deterioration is required before intervention becomes unavoidable? And at what point does inaction cease to be oversight failure and become conscious tolerance?

Once again, if there is any genuine intent to conduct a rigorous investigation, you must directly interface with the victim himself, Mr. Nicholas Grech (currently detained at Mount Carmel Hospital, Male Ward 1; email: nicho.grech@gmail.com). As the primary source, he has endured protracted suffering due to the gross negligence of authorities who have consistently abdicated their responsibilities in order to avoid incriminating 'friends of friends.'

The responsibility now rests with you.

Anne Marie Vella

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### 3 attachments

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**Rfc12js10Dec25mw1.jpg**

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