

February 14, 2022, 6:55 AM

Re: Fwd[2]: Re: Bdil ta' konsulent

From: nicho.grech@gmail.com

To: Office of the Ombudsman <office@ombudsman.org.mt>



Ombudsman Anthony Mifsud,

Wara li ghaddew gimghatejn mindu ktibt l-ufficju tieghek, ma rcivejtx hlief in-numru tal-kaz li nfetah, Kaž Nru CH-22-2667, u li gie assenjat lill-Kummissarju ghas-Sahha fi hdanek imma baqghu ma qalulix jekk hux se jigi nvestigat, ghax wara kollox dan il-Kummissarju mill-esperjenza b'investigazzjoni jifhem li jaghmel dik it-telefonata, jibghat email, u jirraporta pappagalment dak li jiddettawlu (l-aqwa li jimpala l-paga ta' Kummissarju bil-pensjoni b'kollox minghajr ma jiccaqlaq minn fuq is-siggu), addirittura jinforma lil dawk li tkun irrapurtajt bid-dettalji (bhal li kont waqaft niehu l-pirmlu) u l-kontenut tal-emails li tkun baghtlu biex aktar jivvendikaw ruhhom bik talli tkun irrapurtajthom, imma l-aktar vili meta jghidlek "insih il-passat," insih it-tali abbuz biex jaghmel cover-up (reat kriminali, u tibqa' tiddefendih) ta' dawk involuti kollegi hbieb tieghu, x'jimpurtah li biex jiknes taht it-tapit tali abbuzi, jien qed ikolli nibqa' nsolfri ingustizzji u abbuzi fuq abbuzi (<https://tinyurl.com/3yjjzf6w>).

Kif jixhdu l-emails t'hawn taht, l-awtoritajiet tal-isptar Monte Carmeli mhux talli jigdbu sfaccatament lill-pazjent tant kemm jistmawh ta' zibel l-ewwel iwieghduni mod, u mbaghad jigu jumejn wara jaghmlu ezatt l-oppoist (flok "kelma ta' ragel" izomm kelmtu, idhak bih lil dan l-"imbecillat"), imma hi addirittura l-akbar prova li bhalma kif jidher car JIGDBU sfaccatament LILL-pazjent f'wicc, tista' timmagna kemm JIGDBU wisq u wisq aktar sfaccatament FUQ il-pazjent minn wara dahru jafu li hu stigmatizzat bla vuci u kwalunkwe haga li jivvintaw fuqu titwemmen. Mela ghax ghidtlu hawn taht li ma nridx nibqa' taht il-Psikjatra Catherine Dimech ghax xbajt insofri abbuzi minnha, flok investigaha l-Psikjatra Anton Grech, ghax jaf li hu kellu sehem minn dawn l-abbuzi, dawwara li qed nissuspetta hazin fl-istaff u t-tort t'hekk ilni minn dakinhar li ktibtlek mill-31-Jan-22 (propja mhux ghax ktibt lilek imma kien premidat minn qabel, ara emails taht "Staqsii lil Dr Catherine Dimech sabiex taghornak.") ghamluni ghal darb'ohra "Level 1", cioe stmat bhala psikopatiku super mignun super perikuluz u super suwicida (in-nurses jizzuffettaw bik meta tkun hekk jirreferu ghalik fil-qasir bhala MPS), zewg estremitajiet opposti, li jfisser li ghamlu bniedem constant watch 24 siegha kuljum fuqi (viva t-taxxi tal-poplu) jimxi warajja kull pass li naghmel, fis-shower u kull meta immur fit-toilet irrid noqghod bil-bieb miftuh berah bla privatezza, meta nkun ghall-ikel attent fuqi ghax igibuha li se naghti daqqa ta' maghrfa / platt lil xi hadd jew addirittura se naghmel suwicidju nibla l-maghrfa, johduli l-lozor tas-sodda u rrid norqod bil-qalziet ta' taht biss fuq il-plastic tas-saqqu ghax idawruha li se nitghallaq bil-lozor jew bil-hwejjeg, ma nistghax inzomm cunturin irrid meta nimxi nzomm il-qalziet milli jaqghali, u l-papocc bla lazzijiet fost tant umiljazzjonijiet quddiem il-kumplement tal-pazjenti u l-istaff, jaraw kif ikomplu jkissruk u jittorturawk psikologikament b'dan il-mod mill-aktar degradanti u umiljanti. Ukoll qed tigril l-ghajdut fost xi staff nurses li ghalissa ma jridunx naqleb taht il-Psikjatra Joseph Spiteri biex jilhq u jkissru l-approvazzjoni tal-injection "Olanzapine Zypadhera" biex jilhq jaqilbuni fuqa jkissruni biha kif ga ppruvaw jaghmlu fil-passat, li tant hi njection tal-biza li ghal 3 sieghat wara li jtuhelek kull gimghatejn kull xahar hemm cans kbir tqabbdek il-"post injection syndrome" taf toqtlok timmankak (<https://tinyurl.com/ycxec7ha>) apparti s-side effects tal-biza fuq il-menti li ghalihom hi ntenzjonata. Jien nitlob li jekk jaqilbunx taht din l-injection djabolika jew le ghanda tkun skont id-diskrezzjoni tal-Psikjatra Spiteri darba naqleb tahtu u mhux qabel.

Ukoll bl-iskuza tal-Covid kienu qatghu l-leave lill-pazjenti izda darba regghu bdew jaghtu l-leave lill-pazjenti lejn Gunju 2021, lili baqghu ma tawnix il-5 t'jiem leave li kien tani l-Ministru u l-anqas access ghall-main garden tal-isptar, bil-konsegwenza li ilni mit-30 ta' Marzu 2021 kwazi se naghlaq sena maqful vilment bejn l-4 hitan tas-sala minghajr access ghall-arja xemx ta' barra u sors ta' vitamina D ghax l-anqas il-bitha tas-sala ma baqghu jifthulna bi ksor sfaccat tad-drittijiet umani u dinjita tieghi ghax gurnata qabel din id-data kien harab wiehed. Ukoll meta kont tlabt lill-Psikjatra Catherine Dimech biex ittini access nara l-ommi li kienet qalbet ghall-ghar lejn Gunju 2021, din kienet minflok hargitli restriction of freedom of communication order ghal xahar wara li kont irrapurtajta lill-istess Kummissarju ghas-sahha ghax ma tatnix leave u dan irrapurtani l-awtoritajiet li kont ghidtlu li m'hiniex qed niehu medicini, kif kien hallini naghmel il-Psikjatra Joe Vella Baldacchino fil-ftit zmien li kont tahtu sakemm irtira bl-eta. Din tista' tghid ghadha tilhaq, u darba rtira dan Vella Baldacchino, Alla jbierek lahquha konsulenta floku, u tal-pjacir ta' promotion bhal dik thallihom bhal Psikjatra David Cassar jinqdedw biha biex jaghmlu l-vendikazzjonijiet minni ghax ghandi tant abbuzi x'nikxef fuqhom. Fil-fatt din minn xejn, sfurzadni niehu l-pirmlu Olanzapine u dejjem izzid id-doza hekk li f'temp ta' cirka 6 xhur irdupjathom ghad-doza l-massimu possibli 20mg ghad-detriment ta' sahhti b'aktar suggett ghal side effects tal-biza, constipation, attacki ta' delirium, u memory impairment fost l-ohrajn (<https://tinyurl.com/2p8hamm7>). Dan kollu ghax l-abbuzi li ilni snin insofri dawritthom kif qalula biex taghmel f'li kienu xi paranoia tieghi (jghidulu cover-up).

Ghalhekk nerga nitlob l-intervent tieghek

- 1) biex ma jibqghux icahduni taht l-ebda skuza tal-proceduri fil-Qorti jew kwalunkwe skuza ohra mid-dritt milli nipprova xortija nigi taht il-Psikjatra Joseph Spiteri bhala l-konsulent tieghi (addirittura iktiblu biex jintervjeni u jarani). Dan kollu tortura psikologika ghalxajn ghalija nibqa' taht Catherine Dimech meta m'ghandi assolutament l-ebda fiducja fiha,
- 2) li nitnehha darba ghal dejjem mit-trattament degradanti jaghmluni "Level" jew b'xi "restriction of freedom of communication order" ghal kull haga ta' xejn (propja b'vendikazzjoni ghax inkun irrapurtajt xi abbuz, sal-laptop kissruli l-istaff, ara attachment),
- 3) li ninata l-access li kelli qabel il-Covid ghal main garden tal-isptar u l-5 t'jiem leave fil-gimgha li kien tani l-ministru (ara ukoll attachment),
- 4) li jjeqfu l-vendikazzjonijiet kull darba li ghax sempliciment nikteb email l-ahhar wahda lill-Kummissarju ghas-sahha mentali gdid Denis Vella Baldacchino u taf b'din, jigu jkissruni b'aktar pirmlu jew xi njection,
- 5) u li jintalab l-intervent tal-Pulizija biex jiehduni passi fuq l-abbuzi li ilni snin insofri mhux kull darba li jsir xi rapport dawn (il-Pulizija) vilment jistennew l-approvazzjoni tat-tali psikjatra - dan kif qatt tista' tinkriminathom meta jippretendu l-approvazzjoni minghand dak dik stess li trid tinkrimina? - dan sa website ghamilt (fittex ismi bil-google titlaghlek l-ewwel wahda) li issa daqt taghlaq 4 snin wieqfa mimlija dokumenti u evidenza, kieku azzardajt ktibt xi haga li mhux vera, kieku ilhom li kissruni bil-libelli bil-qorti l-ghalqa taghhom u x'ma nafx kieku ma

jaghmlux biex igieghluni nirtira li ktibt (imma taf int il-verita ma jista' hadd jichada, tinjoraha ghal xi zmien tista', imma sa fl-ahhar jghidu li z-zejt dejjem jitla' f'wicc l-ilma).

Biex naghlaq nghidlek li jien dejjem bqajt kalm kemm meta waqaft niehu l-pirmlu u kemm meta mkisser bis-side effects taghom, addirittura meta baqghu jcahduni milli nara ftit l-ommi qabel mietet, kieku kien haddiehor kien mhux ilu li kisser kull m'hawn wara dawn l-ingustizzji u umiljazzjonijiet li kelli u qed ikolli nsofri, jien minflok l-unika arma tieghi hi li sempliciment nikteb email nitlob l-intervent ta' dak jew l-iehor, nibqa' nsofri fis-skiet u fis-silenzju nistenna li sa fl-ahhar dak dik l-awtorita jaghmlu x-xoghol li huma mhallisa ghalih li jaghmlu, flok cover-ups ghall-hbieb tal-hbieb u skuzi banali, li jimxu b'imparzjalita u b'integrita u jiehdu l-passi li hemm bzonn u mhux addirittura jghinuhom jivvendikaw aktar ruhhom minni.

Nicholas Grech
ID no. 435076M

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Sent from myMail for Android

Monday, 31 January 2022, 11:43AM +01:00 from nicho.grech@gmail.com:

Ghal darb'ohra qed ikolli nitlob l-intervent tal-ufficju tieghek biex sempliciment naqleb il-konsulent nigi taht il-Psikjatra Joseph Spiteri wara li l-awtoritajiet tal-isptar Monte Carmeli qed jibqghu vilment icahduni minn dan id-dritt, kollha tortura psikologika ghalxejn ghalija addirittura wara li ghaddejt minn trawma tlift l-ommi f'Settembru li ghadda minghajr ma hallewni mmur naraha l-anqas jekk akkumpanjat min-nurse baqghu jcahduni vendikattivament mill-leave ta' 5 t'ijiem fil-gimgha li kien tani l-Ministru, addirittura l-anqas sal-gnien tal-isptar ma tawni access. Ara emails hawn taht u kaz simili tieghi HV 0019.

Nicholas Grech
ID no. 435076M
Male Ward 7, Sptar Monte Carmeli

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----- Forwarded Message -----

From: nicho.grech@gmail.com
To: stephanie.xuereb@gov.mt
Date: Monday, 31 January 2022, 09:23AM +01:00
Subject: Fwd: Re: Bdil ta' konsulent

Dr. Stephanie Xuereb,

Tista' tintervjeni int għax dan il-Psikjatra Anton Grech rega gej bil-vendikazzjonijiet (aktar tortura psikologika ghalxejn fuqi) biex sempliciment nigi taht konsulent iehor, taht Joseph Spiteri, ara emails hawn taht. Hemm bzonn nerga noqghod nitlob l-intervent tal-Ombudsman jew tas-CRPD ghal din is-semplici procedura biex naqleb taht konsulent iehor? Kif ma tisthux?

Nicholas Grech
ID no. 435076M
Male Ward 7

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----- Forwarded Message -----

From: Grech Anton at Health-Mental Health Services anton.grech@gov.mt
To: nicho.grech@gmail.com
Date: Monday, 31 January 2022, 08:50AM +01:00
Subject: Re: Bdil ta' konsulent

Staqsii lil Dr Catherine Dimech sabiex taghornak. Ghalissa ghadek taht il-kura taghha.

Prof Anton Grech MD (Melit.) PhD (Maastricht) MSc (Psych)(London) FRCPsych(U.K.)
Clinical Chairman (Psychiatry), Dept. of Psychiatry, within Ministry of Health, Malta
Chairman of 'Fondazzjoni Kenn għal Saħhitek', Malta
Associate Professor of Psychiatry, University of Malta
Senior Research Fellow, CMHR - Cambridge University, UK

On 30 Jan 2022, at 14:37, nicho.grech@gmail.com wrote:

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Dr. Anton Grech,

X'kuntrast il-kliem sabih tieghek hawn taht mal-kliem "Jien ma' jien nara l-ebda raġuni li tiġġustifika bdil tal-konsulent tieghek" fl-email tieghek tat-12-Dec-20. Alla jibghata tajba taht dan il-Psikjatra Joseph Spiteri ghax xbajt insofri abbuzi u hadd ma jitkellem għall-pazjent stmat ghar minn annimal. Biex ma ntawwalx, ngħid sew jekk nassumi li din id-darba se tmexxi u minn ghada t-Tnejn inkun taht l-imsemmi Spiteri?

Nicholas Grech
ID no. 435076M
Male Ward 7

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Sent from myMail for Android

Saturday, 29 January 2022, 07:02PM +01:00 from Grech Anton at Health-Mental Health Services
anton.grech@gov.mt:

Nicholas,

Jekk ikun hemm konsulent ta' l-ghazla tieghek li lest li inti tkun that il-kura tieghu, jien ma' għandi l-ebda oggezzjoni għal dan.

Prof Anton Grech MD (Melit.) PhD (Maastricht) MSc (Psych)(London) FRCPsych(U.K.)
Clinical Chairman (Psychiatry), Dept. of Psychiatry, within Ministry of Health, Malta
Chairman of 'Fondazzjoni Kenn għal Saħħtek', Malta
Associate Professor of Psychiatry, University of Malta
Senior Research Fellow, CMHR - Cambridge University, UK

From: nicho.grech@gmail.com
Sent: 27 January 2022 10:11
To: [Grech Anton at Health-Mental Health Services](mailto:anton.grech@gov.mt)
Subject: Bdil ta' konsulent

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Tiftakar meta madwar sena ilu ridt vilment iccahhadni milli nibdel il-konsulent mill-Psikjatra David Cassar ghal Joe Vella Baldacchino u kelli nikteb l-Ombudsman u lil tac-CRPD biex intervjenew u wara li hlejti diversi xhur gejt sa fl-ahhar taht dan JVB fil-bidu t'April '21 meta ormaj kien wasal biex jirtira.

Gara li dan bejn il-leave li ha qabel irtira u bejn ghal haga ohra, ma ranix hlief darba, u darba rtira, spiccajt taht il-Psikjatra Cathrine Dimech u spiccajt koppi ghax ghandi nifhem kienet thalli lill-Psikjatra David Cassar (u anka darba semmiet lilek) jinqeda biha biex taghmel vendikazzjonijiet minnhi, kull darba tghollili l-pirmli u tkissirni bis-side effects tal-biza u addirittura wara li kont ghaddejt minn trawma tlift lill-ommi f'Settembru li ghadda baqghet iccahhadni mill-leave li tani l-Ministru biex ghall-ghomri kollu jkollu nghix bir-rimors li tlift l-ommi minghajr ma kelli cans inkun fejna fl-ahhar ta' hajjita l-anqas jekk akkumpanjat min-nurse.

Ghalhekk qed nitlob li naqleb mill-aktar fiss taht il-konsulent Joseph Spiteri, veru taf minn got-tagen ghal gon-nar, imma hazin daqs kemm jien taht Cathrine Dimech zgur nahseb m'hiniex se nkun.

Nicholas Grech
Male Ward 7

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- MinistruLeave16Apr2019.jpg
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